SYNTHETIC EXAMPLE

AIS

AIS - synthetic example

CLIENT
John Doe

ADMINISTERED
Example date

RESPONSE MODE
Self-report

TOTAL

20 / 24

DEMO SYNTHETIC



20/24

What this report lays out

- Source instrument: AIS
- Item count: 8 items
- Response format: Varies by item
- Respondent: Patient

CLINICIAN REVIEW REQUIRED

This document demonstrates Lirena's report design using fictional data. It does not represent a scored AIS result, cannot establish a diagnosis, and must not be placed in a clinical record.

The AIS supports clinician review and is not a diagnosis. Difficulties count only if they occurred at least three times a week during the last month.

A report designed for clinical review

Synthetic AIS example. The gauges and rows use this instrument's groups and range. They are not a client record.

REVIEW

Respondents rate eight aspects of night-time sleep and daytime function from 0 to 3, counting a difficulty only if it occurred at least three times a week during the last month.

CONTEXT

The AIS-8 total ranges from 0 to 24. Soldatos et al. (2003) report a total of 6 or higher as the optimum cutoff. The result supports clinician review and is not a diagnosis.

BOUNDARY

The AIS supports clinician review and is not a diagnosis. Difficulties count only if they occurred at least three times a week during the last month.

REPORT PRINCIPLE

Show the evidence, the version, and the boundary. Leave diagnosis and formulation with the clinician.

AIS response pattern

Synthetic responses for AIS. The table uses this instrument's groups and range. It is not a client record and does not reproduce official item wording.

ITEM	GROUP	SYNTHETIC RESPONSE
1	Total	Synthetic response
2	Total	Synthetic response
3	Total	Synthetic response
4	Total	Synthetic response
5	Total	Synthetic response
6	Total	Synthetic response
7	Total	Synthetic response
8	Total	Synthetic response

Synthetic AIS values only. Not a client record.

Source-led by design

Lirena separates published methodology, product implementation, and clinical approval. A citation does not by itself authorize administration or prove a software scoring rule.

INSTRUMENT

The AIS organises insomnia-related complaints for clinician review. It is not a stand-alone sleep-disorder diagnosis and should not be treated as interchangeable with ISI.

ADMINISTRATION

Respondents rate eight aspects of night-time sleep and daytime function from 0 to 3, counting a difficulty only if it occurred at least three times a week during the last month.

CLINICAL BOUNDARY

The AIS supports clinician review and is not a diagnosis. Difficulties count only if they occurred at least three times a week during the last month.

METHODOLOGY

The AIS-8 total ranges from 0 to 24. Soldatos et al. (2003) report a total of 6 or higher as the optimum cutoff. The result supports clinician review and is not a diagnosis.

SELECTED REFERENCES

1. Original AIS paper

Soldatos CR, Dikeos DG, Paparrigopoulos TJ. Athens Insomnia Scale: validation of an instrument based on ICD-10 criteria. Journal of Psychosomatic Research. 2000;48(6):555-560.

2. AIS diagnostic validity

Soldatos CR, Dikeos DG, Paparrigopoulos TJ. The diagnostic validity of the Athens Insomnia Scale. Journal of Psychosomatic Research. 2003;55(3):263-267.

3. Scoring source Lirena follows

Source URL recorded on the Lirena scoring verification input.