SYNTHETIC EXAMPLE

Berlin Questionnaire

Berlin Questionnaire - synthetic example

CLIENT
John Doe

ADMINISTERED
Example date

RESPONSE MODE
Self-report

BMI (KG/M2)

1006 / 1200

DEMO SYNTHETIC



CATEGORY 1

0 / 6

DEMO SYNTHETIC



CATEGORY 2

3 / 3

DEMO SYNTHETIC



What this report lays out

- Source instrument: Berlin Questionnaire
- Item count: 14 items
- Response format: Varies by item
- Respondent: Patient

CLINICIAN REVIEW REQUIRED

This document demonstrates Lirena's report design using fictional data. It does not represent a scored Berlin result, cannot establish a diagnosis, and must not be placed in a clinical record.

The Berlin result is the published risk label for clinician review. It does not diagnose obstructive sleep apnoea.

A report designed for clinical review

Synthetic Berlin Questionnaire example. The gauges and rows use this instrument's groups and range. They are not a client record.

REVIEW

The respondent gives height in metres and weight in kilograms, then answers the snoring, fatigue, driving, and blood-pressure questions. Snoring items are asked only after Yes to snoring. The driving-frequency item is asked only after Yes to nodding off while driving.

CONTEXT

Lirena uses this rule. Score range: 03 positive categories. Low risk (01 positive categories), High risk (23). A category is positive at 2 or more points, except category 3, which is positive when high blood pressure is Yes or BMI is greater than 30 kg/m2. The Berlin result is the published risk label for clinician review. It does not diagnose obstructive sleep apnoea. Item groups: BMI (kg/m2) (membership on the scoring rule, 0.0 to 1200.0); Category 1 (membership on the scoring rule, 0 to 6); Category 2 (membership on the scoring rule, 0 to 3); Category 3 (membership on the scoring rule, 0 to 1).

BOUNDARY

The Berlin result is the published risk label for clinician review. It does not diagnose obstructive sleep apnoea.

REPORT PRINCIPLE

Show the evidence, the version, and the boundary. Leave diagnosis and formulation with the clinician.

Berlin Questionnaire response pattern

Synthetic responses for Berlin Questionnaire. The table uses this instrument's groups and range. It is not a client record and does not reproduce official item wording.

ITEM	GROUP	SYNTHETIC RESPONSE
1	BMI (kg/m2)	Synthetic response
2	Category 1	Synthetic response
3	Category 2	Synthetic response
4	BMI (kg/m2)	Synthetic response
5	Category 1	Synthetic response
6	Category 2	Synthetic response
7	BMI (kg/m2)	Synthetic response
8	Category 1	Synthetic response
9	Category 2	Synthetic response
10	BMI (kg/m2)	Synthetic response
11	Category 1	Synthetic response
12	Category 2	Synthetic response
13	BMI (kg/m2)	Synthetic response
14	Category 1	Synthetic response

Synthetic Berlin Questionnaire values only. Not a client record.

Source-led by design

Lirena separates published methodology, product implementation, and clinical approval. A citation does not by itself authorize administration or prove a software scoring rule.

INSTRUMENT

The Berlin Questionnaire organises OSA-related risk questions for clinician review. A screen is not a sleep-study diagnosis and is not interchangeable with STOP-Bang.

ADMINISTRATION

The respondent gives height in metres and weight in kilograms, then answers the snoring, fatigue, driving, and blood-pressure questions. Snoring items are asked only after Yes to snoring. The driving-frequency item is asked only after Yes to nodding off while driving.

CLINICAL BOUNDARY

The Berlin result is the published risk label for clinician review. It does not diagnose obstructive sleep apnoea.

METHODOLOGY

Lirena uses this rule. Score range: 03 positive categories. Low risk (01 positive categories), High risk (23). A category is positive at 2 or more points, except category 3, which is positive when high blood pressure is Yes or BMI is greater than 30 kg/m2. The Berlin result is the published risk label for clinician review. It does not diagnose obstructive sleep apnoea. Item groups: BMI (kg/m2) (membership on the scoring rule, 0.0 to 1200.0); Category 1 (membership on the scoring rule, 0 to 6); Category 2 (membership on the scoring rule, 0 to 3); Category 3 (membership on the scoring rule, 0 to 1).

SELECTED REFERENCES

1. Original Berlin Questionnaire paper

Netzer NC et al. Using the Berlin Questionnaire to identify patients at risk for the sleep apnea syndrome. Ann Intern Med. 1999;131(7):485-491.

2. Scoring source Lirena follows

Source URL recorded on the Lirena scoring verification input.