SYNTHETIC EXAMPLE

CFQ-11

CFQ-11 - synthetic example

CLIENT
John Doe

ADMINISTERED
Example date

RESPONSE MODE
Self-report

PHYSICAL FATIGUE

17 / 21

DEMO SYNTHETIC



MENTAL FATIGUE

1 / 12

DEMO SYNTHETIC



What this report lays out

- Source instrument: CFQ-11
- Item count: 11 items
- Response format: Varies by item
- Respondent: Patient

CLINICIAN REVIEW REQUIRED

This document demonstrates Lirena's report design using fictional data. It does not represent a scored CFQ-11 result, cannot establish a diagnosis, and must not be placed in a clinical record.

CFQ-11 is not a diagnosis. A result cannot replace clinician-led assessment, history, examination, or investigation where those are required.

A report designed for clinical review

Synthetic CFQ-11 example. The gauges and rows use this instrument's groups and range. They are not a client record.

REVIEW

CFQ-11 is completed by Patient. Response format varies by item. Reference period not sourced. The result is for clinician review.

CONTEXT

Lirena uses this rule. Score range: 033. Likert total 033, physical fatigue (items 17, 021) and mental fatigue (items 811, 012). A bimodal total counts items scored 2 or 3, and the published caseness threshold is a bimodal total of 4 or more. No Likert total cut-off is applied. CFQ-11 records self-reported fatigue over the last month compared with when the client was last well. It does not establish the cause of fatigue. Item groups: Physical fatigue (7 items, 0 to 21); Mental fatigue (4 items, 0 to 12). Cutoff not implemented in Lirena.

BOUNDARY

CFQ-11 is not a diagnosis. A result cannot replace clinician-led assessment, history, examination, or investigation where those are required.

REPORT PRINCIPLE

Show the evidence, the version, and the boundary. Leave diagnosis and formulation with the clinician.

CFQ-11 response pattern

Synthetic responses for CFQ-11. The table uses this instrument's groups and range. It is not a client record and does not reproduce official item wording.

ITEM	GROUP	SYNTHETIC RESPONSE
1	Physical fatigue	Synthetic response
2	Mental fatigue	Synthetic response
3	Physical fatigue	Synthetic response
4	Mental fatigue	Synthetic response
5	Physical fatigue	Synthetic response
6	Mental fatigue	Synthetic response
7	Physical fatigue	Synthetic response
8	Mental fatigue	Synthetic response
9	Physical fatigue	Synthetic response
10	Mental fatigue	Synthetic response
11	Physical fatigue	Synthetic response

Synthetic CFQ-11 values only. Not a client record.

Source-led by design

Lirena separates published methodology, product implementation, and clinical approval. A citation does not by itself authorize administration or prove a software scoring rule.

INSTRUMENT

CFQ-11 organises fatigue-symptom reporting. It does not diagnose chronic fatigue, anaemia, or a sleep disorder, and it does not determine laboratory orders.

ADMINISTRATION

CFQ-11 is completed by Patient. Response format varies by item. Reference period not sourced. The result is for clinician review.

CLINICAL BOUNDARY

CFQ-11 is not a diagnosis. A result cannot replace clinician-led assessment, history, examination, or investigation where those are required.

METHODOLOGY

Lirena uses this rule. Score range: 033. Likert total 033, physical fatigue (items 17, 021) and mental fatigue (items 811, 012). A bimodal total counts items scored 2 or 3, and the published caseness threshold is a bimodal total of 4 or more. No Likert total cut-off is applied. CFQ-11 records self-reported fatigue over the last month compared with when the client was last well. It does not establish the cause of fatigue. Item groups: Physical fatigue (7 items, 0 to 21); Mental fatigue (4 items, 0 to 12). Cutoff not implemented in Lirena.

SELECTED REFERENCES

1. Cella and Chalder 2010
Cella M, Chalder T. Measuring fatigue in clinical and community settings. J Psychosom Res. 2010;69(1):17-22.

2. Chalder et al. 1993
Chalder T, Berelowitz G, Pawlikowska T, et al. Development of a fatigue scale. J Psychosom Res. 1993;37(2):147-153.

3. Krakau et al. 2025
Krakau L, Wicke F, Hauser W, Beutel ME, Brahler E, Hettich-Damm N. Chronic fatigue: psychometric properties and updated norm values of the Chalder fatigue scale in a cross-sectional sample representative of the German population. Ann Med. 2025;57(1):2524087.

4. Scoring source Lirena follows
Source URL recorded on the Lirena scoring verification input.