SYNTHETIC EXAMPLE

DASS-21

DASS-21 - synthetic example

CLIENT
John Doe

ADMINISTERED
Example date

RESPONSE MODE
Self-report

DEPRESSION

34 / 42

DEMO SYNTHETIC



ANXIETY

5 / 42

DEMO SYNTHETIC



STRESS

22 / 42

DEMO SYNTHETIC



What this report lays out

- Source instrument: DASS-21
- Item count: 21 items
- Reference period: Past week
- Response format: Did not apply to me at all, Applied to me to some degree, or some of the time, Applied to me to a considerable degree, or a good part of time, Applied to me very much, or most of the time

CLINICIAN REVIEW REQUIRED

This document demonstrates Lirena's report design using fictional data. It does not represent a scored DASS-21 result, cannot establish a diagnosis, and must not be placed in a clinical record.

DASS-21 does not diagnose depression, anxiety, or a stress disorder. Scale names are measurement constructs, not confirmed conditions.

A report designed for clinical review

Synthetic DASS-21 example. The gauges and rows use this instrument's groups and range. They are not a client record.

REVIEW

Respondents rate how much statements applied over the past week. Results should be reviewed as three scales plus item context, not collapsed into a vague 'mental health score'.

CONTEXT

Lirena's implemented rule for DASS-21 follows the committed scoring definition. Item groups: Depression (7 items, item sum multiplied by 2, 0 to 42); Anxiety (7 items, item sum multiplied by 2, 0 to 42); Stress (7 items, item sum multiplied by 2, 0 to 42). Lirena does not combine these groups into one total. Cutoff not implemented in Lirena.

BOUNDARY

DASS-21 does not diagnose depression, anxiety, or a stress disorder. Scale names are measurement constructs, not confirmed conditions.

REPORT PRINCIPLE

Show the evidence, the version, and the boundary. Leave diagnosis and formulation with the clinician.

DASS-21 response pattern

Synthetic responses for DASS-21. The table uses this instrument's groups and range. It is not a client record and does not reproduce official item wording.

ITEM	GROUP	SYNTHETIC RESPONSE
1	Depression	Did not apply to me at all
2	Anxiety	Applied to me to some degree, or some of the time
3	Stress	Applied to me to a considerable degree, or a good part of time
4	Depression	Applied to me very much, or most of the time
5	Anxiety	Did not apply to me at all
6	Stress	Applied to me to some degree, or some of the time
7	Depression	Applied to me to a considerable degree, or a good part of time
8	Anxiety	Applied to me very much, or most of the time
9	Stress	Did not apply to me at all
10	Depression	Applied to me to some degree, or some of the time
11	Anxiety	Applied to me to a considerable degree, or a good part of time
12	Stress	Applied to me very much, or most of the time
13	Depression	Did not apply to me at all
14	Anxiety	Applied to me to some degree, or some of the time
15	Stress	Applied to me to a considerable degree, or a good part of time
16	Depression	Applied to me very much, or most of the time

Synthetic DASS-21 values only. Not a client record.

Source-led by design

Lirena separates published methodology, product implementation, and clinical approval. A citation does not by itself authorize administration or prove a software scoring rule.

INSTRUMENT

The Depression Anxiety Stress Scales-21 is the short form of the DASS. It yields three related scales rather than a single mixed distress total. It is used for monitoring and research as well as intake, but it is not a diagnostic interview.

ADMINISTRATION

Respondents rate how much statements applied over the past week. Results should be reviewed as three scales plus item context, not collapsed into a vague 'mental health score'.

CLINICAL BOUNDARY

DASS-21 does not diagnose depression, anxiety, or a stress disorder. Scale names are measurement constructs, not confirmed conditions.

METHODOLOGY

Lirena's implemented rule for DASS-21 follows the committed scoring definition. Item groups: Depression (7 items, item sum multiplied by 2, 0 to 42); Anxiety (7 items, item sum multiplied by 2, 0 to 42); Stress (7 items, item sum multiplied by 2, 0 to 42). Lirena does not combine these groups into one total. Cutoff not implemented in Lirena.

SELECTED REFERENCES

1. Official DASS materials

Psychology Foundation of Australia. Depression Anxiety Stress Scales.

2. Scoring source Lirena follows

Source URL recorded on the Lirena scoring verification input.