SYNTHETIC EXAMPLE

DEBQ

DEBQ - synthetic example

CLIENT
John Doe

ADMINISTERED
Example date

RESPONSE MODE
Self-report

TOTAL

99 / 132

DEMO SYNTHETIC



99/132

What this report lays out

- Source instrument: DEBQ
- Item count: 33 items
- Response format: Never, Rarely, Sometimes, Often, Very often
- Respondent: Self-report

CLINICIAN REVIEW REQUIRED

This document demonstrates Lirena's report design using fictional data. It does not represent a scored DEBQ result, cannot establish a diagnosis, and must not be placed in a clinical record.

DEBQ is not a diagnosis. A result cannot replace clinician-led assessment, history, examination, or investigation where those are required.

A report designed for clinical review

Synthetic DEBQ example. The gauges and rows use this instrument's groups and range. They are not a client record.

REVIEW

DEBQ is completed by Self-report. Response options: Never, Rarely, Sometimes, Often, Very often. Reference period not sourced. The result is for clinician review.

CONTEXT

Restrained, emotional, and external eating style review for obesity-clinic workflows. The implemented range is 0 to 132.

BOUNDARY

DEBQ is not a diagnosis. A result cannot replace clinician-led assessment, history, examination, or investigation where those are required.

REPORT PRINCIPLE

Show the evidence, the version, and the boundary. Leave diagnosis and formulation with the clinician.

DEBQ response pattern

Synthetic responses for DEBQ. The table uses this instrument's groups and range. It is not a client record and does not reproduce official item wording.

ITEM	GROUP	SYNTHETIC RESPONSE
1	Total	Never
2	Total	Rarely
3	Total	Sometimes
4	Total	Often
5	Total	Very often
6	Total	Never
7	Total	Rarely
8	Total	Sometimes
9	Total	Often
10	Total	Very often
11	Total	Never
12	Total	Rarely
13	Total	Sometimes
14	Total	Often
15	Total	Very often
16	Total	Never

Synthetic DEBQ values only. Not a client record.

Source-led by design

Lirena separates published methodology, product implementation, and clinical approval. A citation does not by itself authorize administration or prove a software scoring rule.

INSTRUMENT

DEBQ is used to structure restrained, emotional, and external eating reports. It does not diagnose an eating disorder and does not prescribe a diet.

ADMINISTRATION

DEBQ is completed by Self-report. Response options: Never, Rarely, Sometimes, Often, Very often. Reference period not sourced. The result is for clinician review.

CLINICAL BOUNDARY

DEBQ is not a diagnosis. A result cannot replace clinician-led assessment, history, examination, or investigation where those are required.

METHODOLOGY

Restrained, emotional, and external eating style review for obesity-clinic workflows. The implemented range is 0 to 132.

SELECTED REFERENCES

1. Original DEBQ paper

Van Strien T et al. The Dutch Eating Behavior Questionnaire (DEBQ) for assessment of restrained, emotional, and external eating behavior. Int J Eat Disord. 1986;5(2):295-315.