SYNTHETIC EXAMPLE

DISS

DISS - synthetic example

CLIENT
John Doe

ADMINISTERED
Example date

RESPONSE MODE
Self-report

HOW ALERT DO YOU FEEL?

47 / 100

DEMO SYNTHETIC



47/100

HOW SAD DO YOU FEEL?

98 / 100

DEMO SYNTHETIC



98/100

HOW TENSE DO YOU FEEL?

60 / 100

DEMO SYNTHETIC



60/100

What this report lays out

- Source instrument: DISS
- Item count: 20 items
- Response format: Not sourced
- Respondent: Patient

CLINICIAN REVIEW REQUIRED

This document demonstrates Lirena's report design using fictional data. It does not represent a scored DISS result, cannot establish a diagnosis, and must not be placed in a clinical record.

DISS stores the ratings for clinician review. It does not diagnose insomnia.

A report designed for clinical review

Synthetic DISS example. The gauges and rows use this instrument's groups and range. They are not a client record.

REVIEW

The published protocol collects 20 visual analog ratings four times a day, at waking, noon, 6 pm and bedtime, for a week. On Lirena each assigned rating is a mark from 0 to 100. This public page does not collect those ratings.

CONTEXT

Lirena uses this rule. Score range: 0100 on each rating. Each visual analogue mark is stored as its own 0100 score. No total and no 2007 factor score is computed. DISS stores the ratings for clinician review. It does not diagnose insomnia. Item groups: How alert do you feel? (membership on the scoring rule, 0 to 100); How sad do you feel? (membership on the scoring rule, 0 to 100); How tense do you feel? (membership on the scoring rule, 0 to 100); How much of an effort is it to do anything? (membership on the scoring rule, 0 to 100); How happy do you feel? (membership on the scoring rule, 0 to 100); How weary do you feel? (membership on the scoring rule, 0 to 100); How calm do you feel? (membership on the scoring rule, 0 to 100); How sleepy do you feel? (membership on the scoring rule, 0 to 100); Overall, how do you feel? (membership on the scoring rule, 0 to 100); How clear-headed do you feel? (membership on the scoring rule, 0 to 100); How fatigued do you feel? (membership on the scoring rule, 0 to 100); How anxious do you feel? (membership on the scoring rule, 0 to 100); How exhausted do you feel? (membership on the scoring rule, 0 to 100); How relaxed do you feel? (membership on the scoring rule, 0 to 100); How forgetful do you feel? (membership on the scoring rule, 0 to 100); How efficient do you feel? (membership on the scoring rule, 0 to 100); How stressed do you feel? (membership on the scoring rule, 0 to 100); How energetic do you feel? (membership on the scoring rule, 0 to 100); How irritable do you feel? (membership on the scoring rule, 0 to 100); How well are you able to concentrate? (membership on the scoring rule, 0 to 100). Lirena does not combine these groups into one total. Cutoff not implemented in Lirena.

BOUNDARY

DISS stores the ratings for clinician review. It does not diagnose insomnia.

REPORT PRINCIPLE

Show the evidence, the version, and the boundary. Leave diagnosis and formulation with the clinician.

DISS response pattern

Synthetic responses for DISS. The table uses this instrument's groups and range. It is not a client record and does not reproduce official item wording.

ITEM	GROUP	SYNTHETIC RESPONSE
1	How alert do you feel?	Synthetic response
2	How sad do you feel?	Synthetic response
3	How tense do you feel?	Synthetic response
4	How alert do you feel?	Synthetic response
5	How sad do you feel?	Synthetic response
6	How tense do you feel?	Synthetic response
7	How alert do you feel?	Synthetic response
8	How sad do you feel?	Synthetic response
9	How tense do you feel?	Synthetic response
10	How alert do you feel?	Synthetic response
11	How sad do you feel?	Synthetic response
12	How tense do you feel?	Synthetic response
13	How alert do you feel?	Synthetic response
14	How sad do you feel?	Synthetic response
15	How tense do you feel?	Synthetic response
16	How alert do you feel?	Synthetic response

Synthetic DISS values only. Not a client record.

Source-led by design

Lirena separates published methodology, product implementation, and clinical approval. A citation does not by itself authorize administration or prove a software scoring rule.

INSTRUMENT

DISS was published as a daytime-symptom instrument using repeated visual analog ratings rather than a single night-time insomnia total. It is not a stand-alone insomnia diagnosis and is not interchangeable with ISI.

ADMINISTRATION

The published protocol collects 20 visual analog ratings four times a day, at waking, noon, 6 pm and bedtime, for a week. On Lirena each assigned rating is a mark from 0 to 100. This public page does not collect those ratings.

CLINICAL BOUNDARY

DISS stores the ratings for clinician review. It does not diagnose insomnia.

METHODOLOGY

Lirena uses this rule. Score range: 0100 on each rating. Each visual analogue mark is stored as its own 0100 score. No total and no 2007 factor score is computed. DISS stores the ratings for clinician review. It does not diagnose insomnia. Item groups: How alert do you feel? (membership on the scoring rule, 0 to 100); How sad do you feel? (membership on the scoring rule, 0 to 100); How tense do you feel? (membership on the scoring rule, 0 to 100); How much of an effort is it to do anything? (membership on the scoring rule, 0 to 100); How happy do you feel? (membership on the scoring rule, 0 to 100); How weary do you feel? (membership on the scoring rule, 0 to 100); How calm do you feel? (membership on the scoring rule, 0 to 100); How sleepy do you feel? (membership on the scoring rule, 0 to 100); Overall, how do you feel? (membership on the scoring rule, 0 to 100); How clear-headed do you feel? (membership on the scoring rule, 0 to 100); How fatigued do you feel? (membership on the scoring rule, 0 to 100); How anxious do you feel? (membership on the scoring rule, 0 to 100); How exhausted do you feel? (membership on the scoring rule, 0 to 100); How relaxed do you feel? (membership on the scoring rule, 0 to 100); How forgetful do you feel? (membership on the scoring rule, 0 to 100); How efficient do you feel? (membership on the scoring rule, 0 to 100); How stressed do you feel? (membership on the scoring rule, 0 to 100); How energetic do you feel? (membership on the scoring rule, 0 to 100); How irritable do you feel? (membership on the scoring rule, 0 to 100); How well are you able to concentrate? (membership on the scoring rule, 0 to 100). Lirena does not combine these groups into one total. Cutoff not implemented in Lirena.

SELECTED REFERENCES

1. Original DISS paper

Buysse DJ et al. Daytime symptoms in primary insomnia: a prospective analysis using ecological momentary assessment. Sleep Med. 2007;8(3):198-208.

2. Scoring source Lirena follows

Source URL recorded on the Lirena scoring verification input.