SYNTHETIC EXAMPLE

EDE-Q

EDE-Q - synthetic example

CLIENT
John Doe

ADMINISTERED
Example date

RESPONSE MODE
Self-report

RESTRAINT

3 / 6

DEMO SYNTHETIC



EATING CONCERN

2 / 6

DEMO SYNTHETIC



SHAPE CONCERN

3 / 6

DEMO SYNTHETIC



What this report lays out

- Source instrument: EDE-Q
- Item count: 28 items
- Response format: Varies by item
- Respondent: Patient

CLINICIAN REVIEW REQUIRED

This document demonstrates Lirena's report design using fictional data. It does not represent a scored EDE-Q result, cannot establish a diagnosis, and must not be placed in a clinical record.

EDE-Q does not diagnose an eating disorder or determine medical stability. It is symptom and behaviour evidence for clinician review.

A report designed for clinical review

Synthetic EDE-Q example. The gauges and rows use this instrument's groups and range. They are not a client record.

REVIEW

The person completes EDE-Q 6.0 in the assessment portal. Medical risk, weight, height, and menses are separate clinic processes and are not part of these 28 items.

CONTEXT

Lirena uses this rule. Score range: 0.006.00. Restraint, Eating Concern, Shape Concern, and Weight Concern means, each 0.006.00, plus a global mean of those four. No cutoff or band. Items 1318 are behaviour counts and are not scored. EDE-Q is a self-report questionnaire, not a diagnosis and not a medical-risk assessment. Item 8 contributes to both Shape Concern and Weight Concern. 6 items are recorded for clinician review and not included in the total. Cutoff not implemented in Lirena.

BOUNDARY

EDE-Q does not diagnose an eating disorder or determine medical stability. It is symptom and behaviour evidence for clinician review.

REPORT PRINCIPLE

Show the evidence, the version, and the boundary. Leave diagnosis and formulation with the clinician.

EDE-Q response pattern

Synthetic responses for EDE-Q. The table uses this instrument's groups and range. It is not a client record and does not reproduce official item wording.

ITEM	GROUP	SYNTHETIC RESPONSE
1	Restraint	Synthetic response
2	Eating Concern	Synthetic response
3	Shape Concern	Synthetic response
4	Restraint	Synthetic response
5	Eating Concern	Synthetic response
6	Shape Concern	Synthetic response
7	Restraint	Synthetic response
8	Eating Concern	Synthetic response
9	Shape Concern	Synthetic response
10	Restraint	Synthetic response
11	Eating Concern	Synthetic response
12	Shape Concern	Synthetic response
13	Restraint	Synthetic response
14	Eating Concern	Synthetic response
15	Shape Concern	Synthetic response
16	Restraint	Synthetic response

Synthetic EDE-Q values only. Not a client record.

Source-led by design

Lirena separates published methodology, product implementation, and clinical approval. A citation does not by itself authorize administration or prove a software scoring rule.

INSTRUMENT

The Eating Disorder Examination Questionnaire asks 28 questions about the past 28 days: restraint, eating concern, shape concern, weight concern, and six behaviour counts. It is more detailed than SCOFF and is not the EDE interview.

ADMINISTRATION

The person completes EDE-Q 6.0 in the assessment portal. Medical risk, weight, height, and menses are separate clinic processes and are not part of these 28 items.

CLINICAL BOUNDARY

EDE-Q does not diagnose an eating disorder or determine medical stability. It is symptom and behaviour evidence for clinician review.

METHODOLOGY

Lirena uses this rule. Score range: 0.006.00. Restraint, Eating Concern, Shape Concern, and Weight Concern means, each 0.006.00, plus a global mean of those four. No cutoff or band. Items 1318 are behaviour counts and are not scored. EDE-Q is a self-report questionnaire, not a diagnosis and not a medical-risk assessment. Item 8 contributes to both Shape Concern and Weight Concern. 6 items are recorded for clinician review and not included in the total. Cutoff not implemented in Lirena.

SELECTED REFERENCES

1. EDE-Q 6.0

Fairburn CG, Beglin SJ. Eating Disorder Examination Questionnaire 6.0. Fairburn and Beglin, 2008.

2. Subscale scoring note

Fairburn CG. Cognitive Behavior Therapy and Eating Disorders. New York: Guilford Press, 2008. EDE-Q subscale item numbers as reproduced by CORC.

3. EDE-Q overview

Fairburn CG, Beglin SJ. Assessment of eating disorders: interview or self-report questionnaire? Int J Eat Disord. 1994;16(4):363-370.