SYNTHETIC EXAMPLE

GAD-7

GAD-7 - synthetic example

CLIENT
John Doe

ADMINISTERED
Example date

RESPONSE MODE
Self-report

TOTAL

17 / 21

DEMO SYNTHETIC



17/21

What this report lays out

- Source instrument: GAD-7
- Item count: 7 items
- Reference period: Past 2 weeks
- Response format: Not at all, Several days, More than half the days, Nearly every day

CLINICIAN REVIEW REQUIRED

This document demonstrates Lirena's report design using fictional data. It does not represent a scored GAD-7 result, cannot establish a diagnosis, and must not be placed in a clinical record.

GAD-7 is a screening and symptom-severity measure, not a diagnosis. A score cannot distinguish GAD from other anxiety presentations, medical causes, or comorbidity without clinician-led assessment.

A report designed for clinical review

Synthetic GAD-7 example. The gauges and rows use this instrument's groups and range. They are not a client record.

REVIEW

Respondents rate how often seven problems have bothered them over the past two weeks. Results are intended to support a clinician conversation about symptom burden, duration, impairment, and whether a fuller anxiety assessment is needed.

CONTEXT

GAD-7 is a screening and symptom-severity measure, not a diagnosis. A total score of 10 or greater is a recommended cutoff for further evaluation. The implemented range is 0 to 21.

BOUNDARY

GAD-7 is a screening and symptom-severity measure, not a diagnosis. A score cannot distinguish GAD from other anxiety presentations, medical causes, or comorbidity without clinician-led assessment.

REPORT PRINCIPLE

Show the evidence, the version, and the boundary. Leave diagnosis and formulation with the clinician.

GAD-7 response pattern

Synthetic responses for GAD-7. The table uses this instrument's groups and range. It is not a client record and does not reproduce official item wording.

ITEM	GROUP	SYNTHETIC RESPONSE
1	Total	**Not at all**
2	Total	**Several days**
3	Total	**More than half the days**
4	Total	**Nearly every day**
5	Total	**Not at all**
6	Total	**Several days**
7	Total	**More than half the days**

Synthetic GAD-7 values only. Not a client record.

Source-led by design

Lirena separates published methodology, product implementation, and clinical approval. A citation does not by itself authorize administration or prove a software scoring rule.

INSTRUMENT

The Generalized Anxiety Disorder 7-item scale was developed by Spitzer, Kroenke, Williams and colleagues as a short self-report measure of anxiety symptom burden. Clinics use it for intake, review, and monitoring. It does not by itself establish an anxiety disorder diagnosis.

ADMINISTRATION

Respondents rate how often seven problems have bothered them over the past two weeks. Results are intended to support a clinician conversation about symptom burden, duration, impairment, and whether a fuller anxiety assessment is needed.

CLINICAL BOUNDARY

GAD-7 is a screening and symptom-severity measure, not a diagnosis. A score cannot distinguish GAD from other anxiety presentations, medical causes, or comorbidity without clinician-led assessment.

METHODOLOGY

GAD-7 is a screening and symptom-severity measure, not a diagnosis. A total score of 10 or greater is a recommended cutoff for further evaluation. The implemented range is 0 to 21.

SELECTED REFERENCES

1. Original GAD-7 validation
Spitzer RL, Kroenke K, Williams JBW, Lowe B. A brief measure for assessing generalized anxiety disorder. Arch Intern Med. 2006;166(10):1092-1097.

2. Official source forms
Pfizer Inc. Patient Health Questionnaire (PHQ) screeners.

3. Scoring source Lirena follows
Source URL recorded on the Lirena scoring verification input.