SYNTHETIC EXAMPLE

ISI

ISI - synthetic example

CLIENT
John Doe

ADMINISTERED
Example date

RESPONSE MODE
Self-report

TOTAL

3 / 28

DEMO SYNTHETIC



3/28

What this report lays out

- Source instrument: ISI
- Item count: 7 items
- Response format: Varies by item
- Respondent: Patient

CLINICIAN REVIEW REQUIRED

This document demonstrates Lirena's report design using fictional data. It does not represent a scored ISI result, cannot establish a diagnosis, and must not be placed in a clinical record.

The ISI supports clinician review and is not a diagnosis.

A report designed for clinical review

Synthetic ISI example. The gauges and rows use this instrument's groups and range. They are not a client record.

REVIEW

Respondents rate the current (last two weeks) severity of three insomnia problems, then their satisfaction with sleep, interference with daily functioning, how noticeable the problem is to others, and how worried they are about it. Each item is rated from 0 to 4.

CONTEXT

The ISI total is the sum of the seven items, 0 to 28, read against the published scoring guidelines (Morin). The result supports clinician review and is not a diagnosis.

BOUNDARY

The ISI supports clinician review and is not a diagnosis.

REPORT PRINCIPLE

Show the evidence, the version, and the boundary. Leave diagnosis and formulation with the clinician.

ISI response pattern

Synthetic responses for ISI. The table uses this instrument's groups and range. It is not a client record and does not reproduce official item wording.

ITEM	GROUP	SYNTHETIC RESPONSE
1	Total	Synthetic response
2	Total	Synthetic response
3	Total	Synthetic response
4	Total	Synthetic response
5	Total	Synthetic response
6	Total	Synthetic response
7	Total	Synthetic response

Synthetic ISI values only. Not a client record.

Source-led by design

Lirena separates published methodology, product implementation, and clinical approval. A citation does not by itself authorize administration or prove a software scoring rule.

INSTRUMENT

The ISI asks about insomnia complaints and associated distress. Clinics use it as a compact insomnia screen. It does not prescribe CBT-I, medication, or any other treatment.

ADMINISTRATION

Respondents rate the current (last two weeks) severity of three insomnia problems, then their satisfaction with sleep, interference with daily functioning, how noticeable the problem is to others, and how worried they are about it. Each item is rated from 0 to 4.

CLINICAL BOUNDARY

The ISI supports clinician review and is not a diagnosis.

METHODOLOGY

The ISI total is the sum of the seven items, 0 to 28, read against the published scoring guidelines (Morin). The result supports clinician review and is not a diagnosis.

SELECTED REFERENCES

1. Original ISI paper

Bastien CH, Vallieres A, Morin CM. Validation of the Insomnia Severity Index. Sleep Medicine. 2001;2(4):297-307.

2. Scoring source Lirena follows

Source URL recorded on the Lirena scoring verification input.