SYNTHETIC EXAMPLE

# PROMIS Fatigue 4a

PROMIS Fatigue 4a - synthetic example

| CLIENT | ADMINISTERED | RESPONSE MODE |
|---|---|---|
| **John Doe** | **Example date** | **Self-report** |

TOTAL

**7** / 20

DEMO SYNTHETIC




## What this report lays out

- Source instrument: PROMIS Fatigue 4a
- Item count: 4 items
- Response format: Not at all, A little bit, Somewhat, Quite a bit, Very much
- Respondent: Patient

**CLINICIAN REVIEW REQUIRED**

This document demonstrates Lirena's report design using fictional data. It does not represent a scored PROMIS Fatigue 4a result, cannot establish a diagnosis, and must not be placed in a clinical record.

PROMIS Fatigue 4a is not a diagnosis. A result cannot replace clinician-led assessment, history, examination, or investigation where those are required.

# A report designed for clinical review

Synthetic PROMIS Fatigue 4a example. The gauges and rows use this instrument's groups and range. They are not a client record.

### REVIEW

PROMIS Fatigue 4a is completed by Patient. Response options: Not at all, A little bit, Somewhat, Quite a bit, Very much. Reference period not sourced. The result is for clinician review.

### CONTEXT

A four-item reported fatigue measure over the past 7 days for clinician review. It measures the experience of fatigue, not its cause. All four items must be answered, and the category comes from the published PROMIS Fatigue T-score cut points through the Fatigue 4a conversion table. The implemented range is 4 to 20.

### BOUNDARY

PROMIS Fatigue 4a is not a diagnosis. A result cannot replace clinician-led assessment, history, examination, or investigation where those are required.

### REPORT PRINCIPLE

**Show the evidence, the version, and the boundary. Leave diagnosis and formulation with the clinician.**

# PROMIS Fatigue 4a response pattern

Synthetic responses for PROMIS Fatigue 4a. The table uses this instrument's groups and range. It is not a client record and does not reproduce official item wording.

| ITEM | GROUP | SYNTHETIC RESPONSE |
|---|---|---|
| 1 | Total | **Not at all** |
| 2 | Total | **A little bit** |
| 3 | Total | **Somewhat** |
| 4 | Total | **Quite a bit** |

Synthetic PROMIS Fatigue 4a values only. Not a client record.

# Source-led by design

Lirena separates published methodology, product implementation, and clinical approval. A citation does not by itself authorize administration or prove a software scoring rule.

### INSTRUMENT

PROMIS Fatigue 4a is a brief fatigue self-report. In blood-testing clinic pathways it can sit beside other symptom measures. It does not determine which blood tests to order.

### ADMINISTRATION

PROMIS Fatigue 4a is completed by Patient. Response options: Not at all, A little bit, Somewhat, Quite a bit, Very much. Reference period not sourced. The result is for clinician review.

### CLINICAL BOUNDARY

PROMIS Fatigue 4a is not a diagnosis. A result cannot replace clinician-led assessment, history, examination, or investigation where those are required.

### METHODOLOGY

A four-item reported fatigue measure over the past 7 days for clinician review. It measures the experience of fatigue, not its cause. All four items must be answered, and the category comes from the published PROMIS Fatigue T-score cut points through the Fatigue 4a conversion table. The implemented range is 4 to 20.

## SELECTED REFERENCES

**1. HealthMeasures PROMIS Fatigue manual**

HealthMeasures. PROMIS Fatigue User Manual and Scoring Instructions. 21 November 2025.

**2. PROMIS Fatigue Short Form 4a**

PROMIS Health Organization. PROMIS Item Bank v1.0 Fatigue Short Form 4a. 10 July 2018.