SYNTHETIC EXAMPLE

# SCI

SCI - synthetic example

CLIENT
**John Doe**

ADMINISTERED
**Example date**

RESPONSE MODE
**Self-report**

TOTAL

**28** / 32

DEMO SYNTHETIC




## What this report lays out

- Source instrument: SCI
- Item count: 8 items
- Response format: Varies by item
- Respondent: Patient

**CLINICIAN REVIEW REQUIRED**

This document demonstrates Lirena's report design using fictional data. It does not represent a scored SCI result, cannot establish a diagnosis, and must not be placed in a clinical record.

Higher SCI scores mean better sleep. The SCI supports clinician review and is not a diagnosis.

# A report designed for clinical review

Synthetic SCI example. The gauges and rows use this instrument's groups and range. They are not a client record.

REVIEW

Respondents answer eight questions about a typical night in the last month, how poor sleep has affected them over the past month, and how long they have had a sleep problem. Each answer scores from 4 (best sleep) to 0.

CONTEXT

Higher SCI scores mean better sleep (range 0 to 32). The result supports clinician review and is not a diagnosis.

BOUNDARY

Higher SCI scores mean better sleep. The SCI supports clinician review and is not a diagnosis.

REPORT PRINCIPLE

**Show the evidence, the version, and the boundary. Leave diagnosis and formulation with the clinician.**

# SCI response pattern

Synthetic responses for SCI. The table uses this instrument's groups and range. It is not a client record and does not reproduce official item wording.

| ITEM | GROUP | SYNTHETIC RESPONSE |
|---|---|---|
| 1 | Total | Synthetic response |
| 2 | Total | Synthetic response |
| 3 | Total | Synthetic response |
| 4 | Total | Synthetic response |
| 5 | Total | Synthetic response |
| 6 | Total | Synthetic response |
| 7 | Total | Synthetic response |
| 8 | Total | Synthetic response |

Synthetic SCI values only. Not a client record.

# Source-led by design

Lirena separates published methodology, product implementation, and clinical approval. A citation does not by itself authorize administration or prove a software scoring rule.

### INSTRUMENT

The SCI organises insomnia-related complaints for clinician review. It is not interchangeable with ISI or AIS, and it is not a sleep-disorder diagnosis.

### ADMINISTRATION

Respondents answer eight questions about a typical night in the last month, how poor sleep has affected them over the past month, and how long they have had a sleep problem. Each answer scores from 4 (best sleep) to 0.

### CLINICAL BOUNDARY

Higher SCI scores mean better sleep. The SCI supports clinician review and is not a diagnosis.

### METHODOLOGY

Higher SCI scores mean better sleep (range 0 to 32). The result supports clinician review and is not a diagnosis.

## SELECTED REFERENCES

**1. Original SCI paper**

Espie CA et al. The Sleep Condition Indicator: a clinical screening tool to evaluate insomnia disorder. BMJ Open. 2014;4(3):e004183.

**2. Scoring source Lirena follows**

Source URL recorded on the Lirena scoring verification input.