SYNTHETIC EXAMPLE

Sleep SDQ

Sleep SDQ - synthetic example

CLIENT
John Doe

ADMINISTERED
Example date

RESPONSE MODE
Self-report

TOTAL

503 / 880

DEMO SYNTHETIC



503/880

What this report lays out

- Source instrument: Sleep SDQ
- Item count: 176 items
- Response format: 0, 1, 2, 3, 4, 5
- Respondent: Self-report

CLINICIAN REVIEW REQUIRED

This document demonstrates Lirena's report design using fictional data. It does not represent a scored Sleep SDQ result, cannot establish a diagnosis, and must not be placed in a clinical record.

Sleep SDQ is not a diagnosis. A result cannot replace clinician-led assessment, history, examination, or investigation where those are required.

A report designed for clinical review

Synthetic Sleep SDQ example. The gauges and rows use this instrument's groups and range. They are not a client record.

REVIEW

Sleep SDQ is completed by Self-report. Response options: 0, 1, 2, 3, 4, 5. Reference period not sourced. The result is for clinician review.

CONTEXT

Sleep Disorders Questionnaire shell distinct from Strengths and Difficulties Questionnaire. Use official SDQ materials/scoring for disorder-specific interpretation. The implemented range is 0 to 880.

BOUNDARY

Sleep SDQ is not a diagnosis. A result cannot replace clinician-led assessment, history, examination, or investigation where those are required.

REPORT PRINCIPLE

Show the evidence, the version, and the boundary. Leave diagnosis and formulation with the clinician.

Sleep SDQ response pattern

Synthetic responses for Sleep SDQ. The table uses this instrument's groups and range. It is not a client record and does not reproduce official item wording.

ITEM	GROUP	SYNTHETIC RESPONSE
1	Total	0
2	Total	1
3	Total	2
4	Total	3
5	Total	4
6	Total	5
7	Total	0
8	Total	1
9	Total	2
10	Total	3
11	Total	4
12	Total	5
13	Total	0
14	Total	1
15	Total	2
16	Total	3

Synthetic Sleep SDQ values only. Not a client record.

Source-led by design

Lirena separates published methodology, product implementation, and clinical approval. A citation does not by itself authorize administration or prove a software scoring rule.

INSTRUMENT

The SDQ covers several sleep-disorder domains rather than a single insomnia total. Clinics use it to organise sleep-history collection, not as a stand-alone diagnosis.

ADMINISTRATION

Sleep SDQ is completed by Self-report. Response options: 0, 1, 2, 3, 4, 5. Reference period not sourced. The result is for clinician review.

CLINICAL BOUNDARY

Sleep SDQ is not a diagnosis. A result cannot replace clinician-led assessment, history, examination, or investigation where those are required.

METHODOLOGY

Sleep Disorders Questionnaire shell distinct from Strengths and Difficulties Questionnaire. Use official SDQ materials/scoring for disorder-specific interpretation. The implemented range is 0 to 880.

SELECTED REFERENCES

1. Original SDQ paper

Douglass AB et al. The Sleep Disorders Questionnaire. I: Creation and multivariate structure of SDQ. Sleep. 1994;17(2):160-167.