SYNTHETIC EXAMPLE

TFEQ-R18

TFEQ-R18 - synthetic example

CLIENT
John Doe

ADMINISTERED
Example date

RESPONSE MODE
Self-report

COGNITIVE RESTRAINT

12 / 24

DEMO SYNTHETIC



UNCONTROLLED EATING

35 / 36

DEMO SYNTHETIC



EMOTIONAL EATING

10 / 12

DEMO SYNTHETIC



What this report lays out

- Source instrument: TFEQ-R18
- Item count: 18 items
- Response format: Varies by item
- Respondent: Self-report

CLINICIAN REVIEW REQUIRED

This document demonstrates Lirena's report design using fictional data. It does not represent a scored TFEQ result, cannot establish a diagnosis, and must not be placed in a clinical record.

TFEQ-R18 is not a diagnosis. A result cannot replace clinician-led assessment, history, examination, or investigation where those are required.

A report designed for clinical review

Synthetic TFEQ-R18 example. The gauges and rows use this instrument's groups and range. They are not a client record.

REVIEW

TFEQ-R18 is completed by Self-report. Response format varies by item. Reference period not sourced. The result is for clinician review.

CONTEXT

Items 1 to 17 are scored 1 to 4 on their printed anchors. Item 18 is entered from 1 to 8 and recoded to 1 to 4. Cognitive restraint sums items 2, 11, 12, 15, 16 and the recoded item 18, from 6 to 24. Uncontrolled eating sums items 1, 4, 5, 7, 8, 9, 13, 14 and 17, from 9 to 36. Emotional eating sums items 3, 6 and 10, from 3 to 12. These are raw sums. There are no bands. Lirena does not combine these groups into one total. Cutoff not implemented in Lirena.

BOUNDARY

TFEQ-R18 is not a diagnosis. A result cannot replace clinician-led assessment, history, examination, or investigation where those are required.

REPORT PRINCIPLE

Show the evidence, the version, and the boundary. Leave diagnosis and formulation with the clinician.

TFEQ-R18 response pattern

Synthetic responses for TFEQ-R18. The table uses this instrument's groups and range. It is not a client record and does not reproduce official item wording.

ITEM	GROUP	SYNTHETIC RESPONSE
1	Cognitive restraint	Synthetic response
2	Uncontrolled eating	Synthetic response
3	Emotional eating	Synthetic response
4	Cognitive restraint	Synthetic response
5	Uncontrolled eating	Synthetic response
6	Emotional eating	Synthetic response
7	Cognitive restraint	Synthetic response
8	Uncontrolled eating	Synthetic response
9	Emotional eating	Synthetic response
10	Cognitive restraint	Synthetic response
11	Uncontrolled eating	Synthetic response
12	Emotional eating	Synthetic response
13	Cognitive restraint	Synthetic response
14	Uncontrolled eating	Synthetic response
15	Emotional eating	Synthetic response
16	Cognitive restraint	Synthetic response

Synthetic TFEQ-R18 values only. Not a client record.

Source-led by design

Lirena separates published methodology, product implementation, and clinical approval. A citation does not by itself authorize administration or prove a software scoring rule.

INSTRUMENT

This entry is the 18-item form, not the original 51-item TFEQ. It does not diagnose an eating disorder and it does not prescribe a diet.

ADMINISTRATION

TFEQ-R18 is completed by Self-report. Response format varies by item. Reference period not sourced. The result is for clinician review.

CLINICAL BOUNDARY

TFEQ-R18 is not a diagnosis. A result cannot replace clinician-led assessment, history, examination, or investigation where those are required.

METHODOLOGY

Items 1 to 17 are scored 1 to 4 on their printed anchors. Item 18 is entered from 1 to 8 and recoded to 1 to 4. Cognitive restraint sums items 2, 11, 12, 15, 16 and the recoded item 18, from 6 to 24. Uncontrolled eating sums items 1, 4, 5, 7, 8, 9, 13, 14 and 17, from 9 to 36. Emotional eating sums items 3, 6 and 10, from 3 to 12. These are raw sums. There are no bands. Lirena does not combine these groups into one total. Cutoff not implemented in Lirena.

SELECTED REFERENCES

1. PhenX protocol 230401

PhenX Toolkit. Protocol 230401, Three Factor Eating Questionnaire R18.

2. Original TFEQ paper

Stunkard AJ, Messick S. The three-factor eating questionnaire to measure dietary restraint, disinhibition and hunger. J Psychosom Res. 1985;29(1):71-83.