SYNTHETIC EXAMPLE

WEL

WEL - synthetic example

CLIENT
John Doe

ADMINISTERED
Example date

RESPONSE MODE
Self-report

TOTAL

16 / 180

DEMO SYNTHETIC



16/180

What this report lays out

- Source instrument: WEL
- Item count: 20 items
- Response format: 10 options
- Respondent: Patient

CLINICIAN REVIEW REQUIRED

This document demonstrates Lirena's report design using fictional data. It does not represent a scored WEL result, cannot establish a diagnosis, and must not be placed in a clinical record.

Higher scores mean more confidence in resisting the desire to eat. WEL does not diagnose an eating disorder.

A report designed for clinical review

Synthetic WEL example. The gauges and rows use this instrument's groups and range. They are not a client record.

REVIEW

WEL is completed by Patient. Response options: 0 - Not confident, 1, 2, 3, 4, 5, 6, 7, 8, 9 - Very confident. Reference period not sourced. The result is for clinician review.

CONTEXT

Total of the 20 items, from 0 to 180, with five situational factor scores from 0 to 36. Higher scores mean more confidence in resisting the desire to eat. There are no published cut-offs. Cutoff not implemented in Lirena.

BOUNDARY

Higher scores mean more confidence in resisting the desire to eat. WEL does not diagnose an eating disorder.

REPORT PRINCIPLE

Show the evidence, the version, and the boundary. Leave diagnosis and formulation with the clinician.

WEL response pattern

Synthetic responses for WEL. The table uses this instrument's groups and range. It is not a client record and does not reproduce official item wording.

ITEM	GROUP	SYNTHETIC RESPONSE
1	Total	0 - Not confident
2	Total	1
3	Total	2
4	Total	3
5	Total	4
6	Total	5
7	Total	6
8	Total	7
9	Total	8
10	Total	9 - Very confident
11	Total	0 - Not confident
12	Total	1
13	Total	2
14	Total	3
15	Total	4
16	Total	5

Synthetic WEL values only. Not a client record.

Source-led by design

Lirena separates published methodology, product implementation, and clinical approval. A citation does not by itself authorize administration or prove a software scoring rule.

INSTRUMENT

WEL covers five kinds of situation: negative emotions, availability of food, social pressure, physical discomfort and positive activities. It does not diagnose an eating disorder and does not prescribe calories or medication.

ADMINISTRATION

WEL is completed by Patient. Response options: 0 - Not confident, 1, 2, 3, 4, 5, 6, 7, 8, 9 - Very confident. Reference period not sourced. The result is for clinician review.

CLINICAL BOUNDARY

Higher scores mean more confidence in resisting the desire to eat. WEL does not diagnose an eating disorder.

METHODOLOGY

Total of the 20 items, from 0 to 180, with five situational factor scores from 0 to 36. Higher scores mean more confidence in resisting the desire to eat. There are no published cut-offs. Cutoff not implemented in Lirena.

SELECTED REFERENCES

1. Original WEL paper

Clark MM et al. Self-efficacy in weight management. J Consult Clin Psychol. 1991;59(5):739-744.

2. Scoring source Lirena follows

Source URL recorded on the Lirena scoring verification input.