SYNTHETIC EXAMPLE

WHO-5

WHO-5 - synthetic example

CLIENT
John Doe

ADMINISTERED
Example date

RESPONSE MODE
Self-report

TOTAL

3 / 25

DEMO SYNTHETIC



3/25

What this report lays out

- Source instrument: WHO-5
- Item count: 5 items
- Response format: 5 - All of the time, 4 - Most of the time, 3 - More than half of the time, 2 - Less than half of the time, 1 - Some of the time, 0 - At no time
- Respondent: Patient

CLINICIAN REVIEW REQUIRED

This document demonstrates Lirena's report design using fictional data. It does not represent a scored WHO-5 result, cannot establish a diagnosis, and must not be placed in a clinical record.

WHO-5 is a well-being index, not a diagnosis. The raw score times four gives the WHO percentage score.

A report designed for clinical review

Synthetic WHO-5 example. The gauges and rows use this instrument's groups and range. They are not a client record.

REVIEW

WHO-5 is completed by Patient. Response options: 5 - All of the time, 4 - Most of the time, 3 - More than half of the time, 2 - Less than half of the time, 1 - Some of the time, 0 - At no time. Reference period not sourced. The result is for clinician review.

CONTEXT

Raw score is the total of the five items, from 0 to 25. Higher scores mean better well-being.

BOUNDARY

WHO-5 is a well-being index, not a diagnosis. The raw score times four gives the WHO percentage score.

REPORT PRINCIPLE

Show the evidence, the version, and the boundary. Leave diagnosis and formulation with the clinician.

WHO-5 response pattern

Synthetic responses for WHO-5. The table uses this instrument's groups and range. It is not a client record and does not reproduce official item wording.

ITEM	GROUP	SYNTHETIC RESPONSE
1	Total	5 - All of the time
2	Total	4 - Most of the time
3	Total	3 - More than half of the time
4	Total	2 - Less than half of the time
5	Total	1 - Some of the time

Synthetic WHO-5 values only. Not a client record.

Source-led by design

Lirena separates published methodology, product implementation, and clinical approval. A citation does not by itself authorize administration or prove a software scoring rule.

INSTRUMENT

WHO-5 asks how often, over the last two weeks, the person felt cheerful, calm, active, rested and interested in daily life. It is not PHQ-9, not a suicide-risk tool, and not a treatment plan.

ADMINISTRATION

WHO-5 is completed by Patient. Response options: 5 - All of the time, 4 - Most of the time, 3 - More than half of the time, 2 - Less than half of the time, 1 - Some of the time, 0 - At no time. Reference period not sourced. The result is for clinician review.

CLINICAL BOUNDARY

WHO-5 is a well-being index, not a diagnosis. The raw score times four gives the WHO percentage score.

METHODOLOGY

Raw score is the total of the five items, from 0 to 25. Higher scores mean better well-being.

SELECTED REFERENCES

1. WHO-5 original English edition

World Health Organization. The World Health Organization-Five Well-Being Index (WHO-5). Geneva: World Health Organization; 2024. WHO/UCN/MSD/MHE/2024.1.

2. WHO-5 review

Topp CW et al. The WHO-5 Well-Being Index: a systematic review of the literature. Psychother Psychosom. 2015;84(3):167-176.

3. Scoring source Lirena follows

Source URL recorded on the Lirena scoring verification input.