SYNTHETIC EXAMPLE

YFAS

YFAS - synthetic example

CLIENT
John Doe

ADMINISTERED
Example date

RESPONSE MODE
Self-report

SUBSTANCE TAKEN IN LARGER AMOUNT AND FOR LONGER PERIOD THAN INTENDED

0 / 1

DEMO SYNTHETIC



0/1

PERSISTENT DESIRE OR REPEATED UNSUCCESSFUL ATTEMPTS TO QUIT

0 / 1

DEMO SYNTHETIC



0/1

MUCH TIME/ACTIVITY TO OBTAIN, USE, RECOVER

0 / 1

DEMO SYNTHETIC



0/1

What this report lays out

- Source instrument: YFAS
- Item count: 25 items
- Response format: Varies by item
- Respondent: Self-report

CLINICIAN REVIEW REQUIRED

This document demonstrates Lirena's report design using fictional data. It does not represent a scored YFAS result, cannot establish a diagnosis, and must not be placed in a clinical record.

YFAS is not a diagnosis. A result cannot replace clinician-led assessment, history, examination, or investigation where those are required.

A report designed for clinical review

Synthetic YFAS example. The gauges and rows use this instrument's groups and range. They are not a client record.

REVIEW

YFAS is completed by Self-report. Response format varies by item. Reference period not sourced. The result is for clinician review.

CONTEXT

Frequency items are dichotomized at the published cut-offs, and the yes or no items are scored as published, including the reverse of item 24. Seven symptom groups are each scored 0 or 1, and the symptom count is their sum, from 0 to 7. Impairment or distress is a separate criterion from questions 15 and 16. The form's dichotomous rule is left to the clinician. No diagnosis is produced. Item groups: Substance taken in larger amount and for longer period than intended (membership on the scoring rule, 0 to 1); Persistent desire or repeated unsuccessful attempts to quit (membership on the scoring rule, 0 to 1); Much time/activity to obtain, use, recover (membership on the scoring rule, 0 to 1); Important social, occupational, or recreational activities given up or reduced (membership on the scoring rule, 0 to 1); Use continues despite knowledge of adverse consequences (membership on the scoring rule, 0 to 1); Tolerance (marked increase in amount; marked decrease in effect) (membership on the scoring rule, 0 to 1); Characteristic withdrawal symptoms; substance taken to relieve withdrawal (membership on the scoring rule, 0 to 1); Symptom count (membership on the scoring rule, 0 to 7). 3 items are recorded for clinician review and not included in the total. Lirena does not combine these groups into one total. Cutoff not implemented in Lirena.

BOUNDARY

YFAS is not a diagnosis. A result cannot replace clinician-led assessment, history, examination, or investigation where those are required.

REPORT PRINCIPLE

Show the evidence, the version, and the boundary. Leave diagnosis and formulation with the clinician.

YFAS response pattern

Synthetic responses for YFAS. The table uses this instrument's groups and range. It is not a client record and does not reproduce official item wording.

ITEM	GROUP	SYNTHETIC RESPONSE
1	Substance taken in larger amount and for longer period than intended	Synthetic response
2	Persistent desire or repeated unsuccessful attempts to quit	Synthetic response
3	Much time/activity to obtain, use, recover	Synthetic response
4	Substance taken in larger amount and for longer period than intended	Synthetic response
5	Persistent desire or repeated unsuccessful attempts to quit	Synthetic response
6	Much time/activity to obtain, use, recover	Synthetic response
7	Substance taken in larger amount and for longer period than intended	Synthetic response
8	Persistent desire or repeated unsuccessful attempts to quit	Synthetic response
9	Much time/activity to obtain, use, recover	Synthetic response
10	Substance taken in larger amount and for longer period than intended	Synthetic response
11	Persistent desire or repeated unsuccessful attempts to quit	Synthetic response
12	Much time/activity to obtain, use, recover	Synthetic response
13	Substance taken in larger amount and for longer period than intended	Synthetic response
14	Persistent desire or repeated unsuccessful attempts to quit	Synthetic response
15	Much time/activity to obtain, use, recover	Synthetic response
16	Substance taken in larger amount and for longer period than intended	Synthetic response

Synthetic YFAS values only. Not a client record.

Source-led by design

Lirena separates published methodology, product implementation, and clinical approval. A citation does not by itself authorize administration or prove a software scoring rule.

INSTRUMENT

YFAS organises the past 12 months of eating certain foods for clinician review. Questions 17, 18 and 23 are primers and are not scored. It does not replace eating-disorder or medical assessment.

ADMINISTRATION

YFAS is completed by Self-report. Response format varies by item. Reference period not sourced. The result is for clinician review.

CLINICAL BOUNDARY

YFAS is not a diagnosis. A result cannot replace clinician-led assessment, history, examination, or investigation where those are required.

METHODOLOGY

Frequency items are dichotomized at the published cut-offs, and the yes or no items are scored as published, including the reverse of item 24. Seven symptom groups are each scored 0 or 1, and the symptom count is their sum, from 0 to 7. Impairment or distress is a separate criterion from questions 15 and 16. The form's dichotomous rule is left to the clinician. No diagnosis is produced. Item groups: Substance taken in larger amount and for longer period than intended (membership on the scoring rule, 0 to 1); Persistent desire or repeated unsuccessful attempts to quit (membership on the scoring rule, 0 to 1); Much time/activity to obtain, use, recover (membership on the scoring rule, 0 to 1); Important social, occupational, or recreational activities given up or reduced (membership on the scoring rule, 0 to 1); Use continues despite knowledge of adverse consequences (membership on the scoring rule, 0 to 1); Tolerance (marked increase in amount; marked decrease in effect) (membership on the scoring rule, 0 to 1); Characteristic withdrawal symptoms; substance taken to relieve withdrawal (membership on the scoring rule, 0 to 1); Symptom count (membership on the scoring rule, 0 to 7). 3 items are recorded for clinician review and not included in the total. Lirena does not combine these groups into one total. Cutoff not implemented in Lirena.

SELECTED REFERENCES

1. 2009 YFAS form
Gearhardt AN, Corbin WR, Brownell KD. Yale Food Addiction Scale. 2009.

2. Scoring key
Medical Data Models. MDM 41382, Yale Food Addiction Scale scoring.

3. Original YFAS paper
Gearhardt AN, Corbin WR, Brownell KD. Preliminary validation of the Yale Food Addiction Scale. Appetite. 2009;52(2):430-436.